

EDUCATION CURRICULUM OVERVIEW

Welcome to the Every Monday Matters (EMM) K-12 Curriculum. We can't wait for you to create experiences for your students to understand how much and why they matter.

A quick introduction to:

Curriculum Design – Themed modules

Lesson Reference Guide – Structure and icons

Putting It All Together - Promising practices with positive results

A DESIGN THAT MATTERS

Mattering is at the heart of what we do and the resources we create for you. Our lessons use EMM's Mattering Mindset™ to foster opportunities for students to connect to mattering in a way that is simple yet thoughtful.

Lessons guide students to understand EMM's concepts of "I Matter," "You Matter," and "We Matter."



I Matter

Students experience what it is like to recognize and value who they are and who they want to be.



You Matter™

Students engage in practices that support and celebrate the people around them.



We Matter

Students work together and use their unique abilities to create community.

Our lesson design integrates best practices of inquiry, discovery, and reflection to engage students and connect to mattering. The lessons are scripted with easy-to-follow directions and minimal prep.

Themed Modules

There are a variety of lesson modules for you to download and start teaching. The themes for the lessons were identified by educators across the country and focus on hope, compassion, kindness, fun, and so much more.

Select a theme you want to foster in your classroom or program to meet students' needs.

Each module contains:

- a module launch lesson
- four weeks of lessons

Lesson sets contain a Weekly Launch lesson, "I Matter" lesson, "You Matter" lesson, "We Matter" lesson and a Family Companion.

Sample Themed Module

MONDAY GETS UNDERSTANDING

Week 1: Be Curious

WEEKLY LAUNCH	I MATTER Keys to Understanding	YOU MATTER™ Just Ask	WE MATTER Fan of Curiosity
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Week 2: Walk in Their Shoes

WEEKLY LAUNCH	I MATTER Forge Your Path	YOU MATTER™ Take the First Step	WE MATTER Our Different Ways
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Week 3: Build Bridges

WEEKLY LAUNCH	I MATTER Take It Down	YOU MATTER™ Meet You in the Middle	WE MATTER Stand Together
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Week 4: Listen Up

WEEKLY LAUNCH	I MATTER Strength in Stillness	YOU MATTER™ It's All in the Cues	WE MATTER Circle of Understanding
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LESSON ICON GUIDE

The lesson icons will help you to seamlessly engage students in the lesson activities.



Goal of the Week



Lesson Description



Prep



Directions



Ask



Explain














Brainstorm



Handout

Sample Lesson Plans PUTTING IT ALL TOGETHER

	WEEKLY LAUNCH BE CURIOUS	GRADES: K-2
THIS WEEK'S GOAL (1-2 minutes)		
	ENGAGE in thoughtfully using CURIOSITY to gain understanding and knowledge about ourselves, the people around us, and our community.	
THIS WEEK: BE CURIOUS		
	No materials required. Prep time: 5 minutes	
	Directions: 1. Consider sharing or reviewing highlights from the Module Launch lesson - Monday Gets UNDERSTANDING. 2. Introduce this week's strategy by asking one or more engaging questions from the INQUIRY section and sharing this lesson's A FEW THOUGHTS and CONNECTIONS. 3. Let's make BEING CURIOUS matter.	
INQUIRY (3-5 minutes)		
Consider asking 1-3 of the following questions to help students connect to the lesson's strategy:		
	What does the word CURIOS mean to you? Possible responses: eager to know more about something, asking a lot of questions, being inquisitive, wanting to figure things out, etc. What are some things that you are CURIOS about? What are some questions you might ask when you are CURIOS ? What do you do to find answers to those questions? How does BEING CURIOUS help us to UNDERSTAND our world better? What kinds of things can we learn or UNDERSTAND when we are CURIOS ?	
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YOU MATTER	MODULE THEME: MONDAY GETS UNDERSTANDING	THIS WEEK'S FOCUS: BE CURIOUS	GRADES: K-2
GOAL FOR THE WEEK			
	ENGAGE in thoughtfully using CURIOSITY to gain UNDERSTANDING and knowledge about ourselves, the people around us, and our community.		
TODAY'S ACTIVITY: JUST ASK			
	Students will tap into their curiosity and social awareness in a kinesthetic partner activity. Students will work in pairs or small groups and ask each other questions to get to know one another better. LS - Kinesthetic, Interpersonal SEL - Social-awareness, Relationship skills 6C's - Communication, Character		
	No supplies needed Prep time: 5-10 minutes		
	Directions 1. Guide a discussion about how CURIOSITY can help us create thoughtful connections and relationships. 2. Have students create two concentric circles. Have students face one another. Each student should have a partner. 3. Partners will ask each other a thoughtful question to get to know each other better. Consider displaying sample questions found in the START ACTIVITY section, or modeling the process for students. 4. Students on the inside circle will then rotate to their right to the next student and ask their new partner a question. Encourage active and respectful listening. "If time allows, repeat this process until students get back to their original partners, or until time is up." "If working with younger students, think about prompting students with a specific question for each rotation. 5. Close the lesson by reflecting with students about their experience, and encouraging them to commit to asking thoughtful question to better UNDERSTAND others this week.		
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CONNECTION MATTERS

Our lessons align with and target the six 21st Century Learning skills, integrate social and emotional learning competencies, and focus on a variety of learning modalities so that the activities are engaging, meaningful, and fun.

Six C's

Character, Citizenship, Collaboration, Communication, Creativity, and Critical Thinking

Integrate Social and Emotional Learning

Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision-Making

Learning Modalities

Visual, Auditory, Kinesthetic, Verbal, Intrapersonal, Interpersonal, and Logic



STARTING MATTERS

Our lessons are differentiated into grade-level groups: Kindergarten-2nd grade, 3rd-5th grade, 6th-8th grade, and 9th-12 grade.

We recommend starting students off with the Mattering Mindset™ module to introduce the concepts of “I Matter,” “You Matter,” and “We Matter.” Then select a themed module and teach the Module Launch Lesson to build background to the theme. Then each week, introduce a strategy and facilitate an “I Matter,” “You Matter,” “We Matter” activity.

Our lessons are as short as 15-30 minutes and create a practice for students to have safe and meaningful conversations that foster self-confidence, empathy, and community.

Get started this week and enjoy the journey.

EXPERIENCE MATTERS

Educators all over the country and around the world integrate Every Monday Matters into their school day and after-school programs. Whether it is a 15-minute lesson to start off the week or a 30-minute “We Matter” lesson at the end, here are a few things to keep in mind:

Connections Matter

Teach what is important to you and your students.

Needs Matter

Sometimes asking one thoughtful question from a Weekly Launch lesson is all it takes to create enriching conversation and meaningful connection.

Consistency Matters

Habits and behaviors are created and changed over time through routine and reinforcement.

Fun Matters

Mattering is important, but it doesn't have to be serious. Make it empowering, engaging, and fun.

You Matter™

Sometimes our lessons can bring up our own personal issues. Take time to recognize these moments and foster your own personal wellness and social and emotional learning.

YOU MATTER™

You matter very much to us. What you do for and with your students is incredible. Together, we are creating a world where each one of us feels seen, heard, and loved. We hope you understand how much you matter to yourself, your students, your school, your community, and our world.

We are here for you. Please reach out and let us know how we can support you or simply share with us how your students are embracing their matting.

Contact the EMM Education team at:
edu@everymondymatters.org

